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Media Contact:

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FOR IMMEDIATE RELEASE

5Point Adventure Film Festival To Host an all Women's Programming Community Collab with (____your business name here____)

Your city, Your state (Date you are sending this release, 2018) – [5Point Adventure Film Festival](#) is proud to host the first ever Women's Community Collab with (fill in the name of your business here), on (date, time, location) . This program will feature the best of the 2018 festival's short women's adventure films - either starring and/or films made by women. The five points that shine through in every 5Point Film Festival program are Respect, Commitment, Humility, Balance and Purpose.

"This is the first year of 5Point Film Festival releasing an all women's Community Collab and we couldn't be prouder to highlight brave and inspiring women athletes and filmmakers through the lense of this program," says Meredith McKee, Program Director, 5Point Film Festival. At at 5Point Film Festival show, we laugh, we cry, we cheer, we learn and we explore the world together as a community - and that's the power of a 5Point Community Collab."

This year's 5Point Festival theme, "Our Stories, Our Lands" will emphasize the importance and value of public lands through 5Point Film programming.

To purchase tickets visit _____ .

Feature film programming is as follows:

Song For a Nomad

(Kyrgyzstan, 7 min)

Director: Ben Sturgulewski

Producer: Dan Benschoff

Kyrgyzstan's capital city, Bishkek, is a modern whirlwind of sight and sound. Beyond, the Celestial Mountains is a landscape of horsemen and shamans, and young souls brought to life in the heart of nature. A tale of two worlds, together they play a song for the nomad-- a requiem for a time gone by.

My Big White Thighs

(United Kingdom, 25 min)

USA PREMIERE

Producer: Hannah Maia

Director: Hannah Maia

A story about womanhood, miscarriage, healing, loving your own skin & freezing your bum off in cold water.

Epilepsy Can't Stop This Runner

(Ireland, 3 min)

Senior Producer: Connor Boals

Producer: Austin Brown

Katie Cooke is a young competitive runner from Dublin. Due to an aggressive form of epilepsy, she experiences up to 14 seizures a day. Despite her condition, Cooke hasn't let anything stand in the way of her love for running.

Break on Through

(France + Spain, 25 min)

Director: Matty Hong, Peter Mortimer, Nick Rosen

Producer: Zachary Barr

In high-end modern rock climbing, 5.15 is the top of the difficulty scale, a grade achieved by only a few men and never by a woman. Margo Hayes is determined to change that.

Ten Years Out

(USA, 14 min)

WORLD PREMIERE

Director: Meredith McKee + Michael Stevens

Producer: Meredith McKee + Summers Moore

Filmed on Public Lands

When the most tragic event happens to Summers Moore and her family, she uses art and the outdoors to cope with loss. Ten Years Out from this loss, she and her daughters show us all how to overcome life's biggest challenge - whatever that may be to each person, in their own life.

The Mirnavator

(USA, 11 min)

Director: Sarah Menzies

Producer: Let Media

Filmed on Public Lands

Ultra-runners overcome obstacles on every trail. In this film, Force of Nature Mirna Valerio overcomes the negative voices that don't believe she belongs in the sport.

Mouthered by Mountains

(Nepal, 16 mins)

Director: Renan Ozturk + Ben Ayers

Producer: Patrick McDaniel

Pasang Lhamu Sherpa Akita, Nepal's leading female mountain guide, has been on top of the tallest peaks on Earth. When she teams up to make a first ascent with an unlikely partner – local punk-rock icon, Sareena Rai – they both find that the paths to the greatest summits lie within.

Katie - A Tribute

(USA, 10 mins)

Directed/Edited by Ben Knight

Film on Public Lands

In November of 2017, the outdoor community lost one of its first fighters for the environment, Katie Lee. A Hollywood actress turned environmentalist and Glen Canyon Dam advocate, Katie was a hero to the outdoor community and a strong woman who wasn't afraid to be bold or use the eff word. This film is a bio of Katie's life and mission and is "Dedicated to the ongoing effort to remove Glen Canyon Dam and restore natural sediment flows to the Grand Canyon.

My Mom Vala

(Greenland, 10 min)

Director: RC Cone

Producer: RC Cone + Tributaries Digital Cinema

Vala Árnadóttir lives in Reykjavik, Iceland and travels to Greenland for work, and to fish rivers thick with migrating char. But for Vala's 10-year old daughter, Mathilda, Greenland lives only in the stories that her mother tells and her own imagination.

Cabin Jams

(Canada, 8 min)

Director: Leah Evans + Jamie Tanner

Producer: Leah Evans + Jamie Tanner

Musicians and athletes based out of a backcountry touring hut, draw inspiration from the natural landscape and their shared experience to write, record and produce both the film and its soundtrack at 7000 feet.

In Perpetual Motion

(Australia, 4 min)

Director: Krystle Wright

Producer: Kate Guaran

Adventure Photographer Krystle Wright's fears are interwoven with her life and ultimately her work as a photographer. The process of photography that is a wild ride as it passionately consumes the lifestyle as so often it is the driving force in how a photographer engages with the world that surrounds them.

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About 5Point Adventure Film Festival

Established in 2008, 5Point Adventure Film Festival is a non-profit organization on a mission to ignite personal and communal adventure of all kinds through the experience of sharing meaningful stories. 5Point continues to deliver a unique film viewing experience by combining passionate athletes, artists, filmmakers, short documentary films, and local communities. The organization supports emerging

filmmakers and stories through the 5Point Film Fund, and organizes a student scholarship program called the Dream Project that provides support for high school students to realize their dreams. Please visit www.5pointfilm.org for more information. Follow live festival updates via [Facebook](#) and [Instagram](#).